

I feel so bad when I see videos of turtles and birds eating plastic.

Me too. They become deformed or die because their stomachs are full of it.

What can we do to help them? We aren't even close to the ocean.

The biggest amount of plastic trash in the ocean actually comes from old fishing nets.

But I love eating fish.

I do too. But maybe it's time to eat less fish? And not use single use plastic bottles?

I never understood why people buy water in plastic bottles if they don't have to.

I don't get it either. It's so easy to bring my water bottle.



Maybe I should write an article for my local newspaper and encourage people to use water bottles.

That's a great way to become involved. If everybody just changes their habits a little bit, a lot can be changed.



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